

Foster Kinship Care Education – Solano College – Annual Conference March 19-22, 2024

“Never Limit Your Life”

Tuesday March 19, 2024

Opening Session - 9:30 am-10:30 am

Welcome & Meet 'n Greet Morning Snack

Tuesday March 19, 2024

Workshop A 10:40 am -12:40 pm

A-1 QPI-Napa Solano Update

Presenter: **Napa & Solano QPI leads**

What is the Quality Parenting Initiative?

What is current and what are our next steps?

We want to hear from everyone. We are all part of the Napa/Solano QPI Village.

A-2 Control, Aggression & Defiance:

How to Work with Trauma's most Difficult Behaviors

Presenter: **Helene Timpone LCSW**

Let's talk about why these behaviors are associated with complex trauma, examine the neuroscience behind it, and obtain an in-depth understanding of the root cause. This understanding will not only assist you in helping your child decrease the behavior, it will assist them in healing the trauma that caused it. Here we will spend time in role plays that will allow you to experience what increases the behavior and what decreases the behavior. You will gain practical experience and how-to's.

A-3 Building Long Lasting

Relationships with Youth

Presenter: **Greg Begin**

In this session we will look at what makes for enduring relationships and how to bring that awareness to our work with the children we care for. The need for lifelong connections cannot be overstated. It is also worth pointing out the things remembered here (I believe we already know) will be relevant to all our relationships.

A-4 Communicating with the

Traumatized Child (Part 1 of 3)

Presenter: **Kathryn L. Clark Silveira**

This is an overview on the neurobiology of trauma, the impact of toxic stress on a child and adult and introduces the science of resilience and neuroplasticity. Participants will walk away understanding the difference between a challenging behavior and trauma trigger. The training will guide caregivers of infants, toddlers, preschoolers, and early elementary-aged children to understand trauma as well as its impact on young children's brains, behavior, learning, and development.

The training introduces a range of trauma-responsive and resilience building teaching strategies caregivers can use with their children to create strengths-based environments that support children's health, healing, and resiliency. *Attending all three sessions and at least one phone consultation is required to receive credit (6 hours)*

Tuesday March 19, 2024

Workshop B 2:30 pm - 4:30 pm

B-1 Effects of ACE's on behavior and academic performance.

Presenter: **Derek Clark**

ACEs can have a profound impact on a student's academic performance. Professionals must understand the correlation between childhood trauma and challenges such as learning disabilities, concentration issues, and behavioral problems in the classroom.

B-2 Human Trafficking Awareness & Law Enforcement Response

Presenter: **Megan King, Vacaville PD**

What is CSEC - human trafficking?

How does our local law enforcement respond?

How can we support our youth and keep them safe?

Tuesday March 19, 2024

Luncheon - 12:50 pm - 2:20 pm

True Colors

Intef W. Weser

Executive Director, Culture Plunge

B-3 Honoring you: How to Handle the Difficulties Caregivers Face While Raising Traumatized Children

Presenter: **Helene Timpone LCSW**

Let's take a couple of hours to care for you! As a therapist and an adoptive parent, I truly do understand taking care of others and its importance. When I forget the most important person - me -- life seems to provide reminders. Our immune system goes under attack and we fall ill; emotionally we feel taxed and drained; we lose sleep; and/or we can feel angst, frustrated or flat. Mostly, you lose your JOY!

Let's figure out the why: Why this happens and what prevents us from taking care of the most important person -- ourselves! Then let's spend some time obtaining the tools to release stress and negative emotions. Let's move into our Joy!

B-4 True Colors

Presenter: **Intef W. Weser**

For you to effectively help someone else grow and expand their understanding of bias, oppression, and privilege, you need to allow yourself to be challenged and grow regarding the same issues. Participate in the Culture Plunge experiential training and accept the challenge of expanding your current understanding of issues of oppression in our society, on a personal level, and how it may impact the delivery of service as a resource parent, social worker, biological parent, volunteer, or service provider.

For more information and registration please go to www.FosterLuv.com All events will be at The Sunrise Event Center, 620 Orange Dr., Vacaville CA 95688

For hotel reservations at \$119. Per night. Click this link [Modern Hotel Near Vacaville Outlets | Hyatt Place Vacaville](#), Hyatt.com & use group code G-FSKC or call 1-800-233-1234 & tell them "The Foster Kinship Conference" block. Group rate \$119 until 2/19/24
Conference registration fee: Solano & Napa residents \$45 one day / \$90 for all - Out of county residents \$60 one day / \$120 for all - limited scholarships for caregivers

Foster Kinship Care Education – Solano College – Annual Conference March 19-22, 2024

“Never Limit Your Life”

Tuesday March 19, 2024
Workshop C 6:30 pm – 8:30 pm

C-1 The Power of Storytelling Trough Music

Presenter: Derek Clark

Most people are fighting a constant battle within themselves such as lack of self value, loss of self respect, anxiety, loneliness, trust, love, sadness or a sense of wanting to belong. By participating in this program, you will develop a Personal Power Anthem that will help strengthen your heart and mind through everyday struggles.

From Derek Clark's personal experience of growing up in foster care, he shows the audience how the power of music and lyrics has made an everlasting change in his inner spirit. Derek has written numerous songs that reflect the tragedies that have happened in his life. Within his music he has produced a more meaningful destiny by creating a strong message of triumph over tragedy. Derek has become a viral video sensation for his "Rapping Dad" videos which have had over 250 million social media views

C-2 Fostering & Cultivating Self-Care

Presenter: Sebrenia Saunders

Experiencing the ebbs and flows of the daily stresses of life can often leave us with a myriad of emotions. As caregivers and advocates for foster care, we may frequently find some form of familiarity, recollection, and connectivity in our roles, and we may sometimes feel a bit impaired by the parallels. How do you sort and compartmentalize these feelings? Do you have a self-care regimen or a go-to plan? Let this workshop, center and serve as your agency for self-regulation. This workshop will provide you with resources and takeaways that embrace Self-Reflection, Somatic Movement, and Mindfulness Activities to aid in creating your mind-over-matter routine.

C-3 Exploring Foster Care & Adoption

Presenter: Tyffany Wanberg

Do you ever get asked things like: How do I become a Resource Parent? What if I want to Adopt? What is the process? Where do I start? How long does it take? Maybe you have some of these questions too. Bring a friend, prizes will be given. Invite your friends, family and anyone interested in being a resource parent to learn the answers to these questions and more. This is a relaxed, no pressure workshop. Did we say there will be prizes for bringing a friend?

C-4 (SPANISH) Raising Resilient Children

Presenter: Diana Rosales & Audelina Marroquin

La resiliencia emocional de los niños, o la capacidad para hacer frente a sus sentimientos es importante para la felicidad a largo plazo, bienestar y éxito en la vida. Presentare seis componentes basicos que ayudara en desarrollar la resiliencia emocional.

Wednesday - March 20, 2024
RESOURCE SHARING - 9:30 am-10:30 am

Morning Snack

Wednesday March 20, 2024
Workshop D 10:40 am - 12:40 pm

D-1 Effects of ACE's on behavior and academic performance.

Presenter: Derek Clark

ACEs can have a profound impact on a student's academic performance. Professionals must understand the correlation between childhood trauma and challenges such as learning disabilities, concentration issues, and behavioral problems in the classroom.

D-2 Turning Dreams into Degrees

Presenter: Solano County Office of Education

Encouraging youth to reach their full potential can be exhausting, yet very rewarding. Watching our youth succeed is such an amazing part of caregiving. This discussion will include: How do we encourage youth to dream up a future? How can we support that dream? What resources are available? How are they accessed? And more.

Wednesday March 20, 2024

Luncheon

12:50 pm – 2:20 pm

Keynote: Nola Brantley
Keeping our Youth Safe

D-3 Understanding Trauma & Foster Care Youth

Presenter: Nola Brantley

Given the patterns of trauma that foster care youth experience it is crucial for providers working with foster care youth to have a comprehensive understanding of trauma. Understanding the areas of a youth's life that may be impacted by trauma is important to consider for treatment planning. Trauma survivors can be triggered as a result of the trauma they've suffered and understanding this is key to providing them with compassionate care.

D-2 Common Childhood Disorders in System Involved Youth

Presenter: Debbie Jensen-Davis, MA

This is an overview of commonly diagnosed conditions in foster youth. Relative to trauma foster youth have experienced, it is not surprising that children develop mental illnesses such as ADHD and Anxiety. The trainer explains how these conditions are formally diagnosed and what treatments are available to foster youth experiencing these sometimes-debilitating conditions. Trainer further suggests actions that caregivers can take to mitigate the causes and worsening of such conditions, such as seeking professional help when children and youth show signs of discomfort or struggle, along with self-care activities.

For more information and registration please go to www.FosterLuv.com All events will be at The Sunrise Event Center, 620 Orange Dr., Vacaville CA 95688

For hotel reservations at \$119. Per night. Click this link [Modern Hotel Near Vacaville Outlets | Hyatt Place Vacaville](#), Hyatt.com & use group code G-FSKC or call 1-800-233-1234 & tell them "The Foster Kinship Conference" block. Group rate \$119 until 2/19/24
Conference registration fee: Solano & Napa residents \$45 one day / \$90 for all - Out of county residents \$60 one day / \$120 for all - limited scholarships for caregivers

Foster Kinship Care Education – Solano College – Annual Conference March 19-22, 2024

“Never Limit Your Life”

Wednesday March 20, 2024

Workshop **E** 2:30 pm – 4:30 pm

E-1 Talking with Youth about Internet & Social Media Safety

Presenter: **Nola Brantley**

More and more youth are using the internet and social media at younger ages, many times before experts recommend. So, it's crucial for those that support youth to understand the potential harms youth can be exposed to on the internet and on social media platforms. This training will provide participants with safety strategies and conversation starters to review with youth. Additionally this training will highlight how technology can place foster care youth at high risk for commercial sexual exploitation.

E-2 Just Ask Derek: Former Foster Youth of 13 years

Presenter: **Derek Clark**

Feeling Lost? Suffering? Ready to Give Up? Ask Derek the hard questions for a different perspective on how to connect with yourself or how to help your child in foster care.

E-3 Use the Force Luke:

**Managing Number One First ...
and Staying Motivated to Do the Job**

Presenter: **Charlie Appelstein**

Raising kids with emotional and behavioral challenges can elicit difficult feelings that can compromise a caregiver's well-being and actions. This uplifting, motivational presentation provides insights and strategies that help caregivers to better respond instead of react to difficult behaviors and feel good about what they're doing. Focal points include: how to manage when personalizing difficult events, the pivotal role of support and how to function appropriately when it's lacking, and a new definition for success in working with at-risk kids.

E-4 CPR & First Aid (2:30-6:30)

Presenter: **Pam Graham, ABC Health & Safety**

Wednesday March 20, 2024

Workshop **F** 6:30 pm – 8:30 pm

F-1 “Use the Force, Luke!”

**Managing Number One First ...
and Staying Motivated to Do the Job**

Presenter: **Charlie Appelstein**

See E-3

F-2 RFA+ Trauma & Discipline

Presenter: **Iyieshia Miller & Tyffany Wanberg**

We will discuss how discipline can be a challenge with children who have experienced trauma. We will share strategies that can be helpful.

F-3 Embark on Limitless Horizons: A Journey of Self-Discovery and Empowerment Through Yoga & Mindfulness

Presenter: **Audrey Reyes, LCSW & Mayra D. Montaño**

In an ever-changing and often uncertain world, it's crucial to find balance and peace within us. This workshop will guide participants on a journey towards self-discovery and well-being, utilizing the powerful tools of mindfulness and yoga. Through a combination of theory and practice, attendees will explore techniques to connect the mind and body, ultimately helping them navigate life's challenges with resilience and grace.

F-4 Triple P-Positive Parenting Group (1of 5)

Presenter: **Christian Mendoza**

Positive parenting is an effective approach to raising children. It involves creating a family environment that is loving supportive and predictable. This supports raising healthy, well-adjusted children who have the skills and confidence they need to succeed at school and with their relationships with others. We will share why, kids do what they do, share parenting strategies and discuss ideas on how to use positive parenting. (The other group sessions are scheduled at 6:30 on Wednesdays 3/27, 4/1, 4/10 & 4/24. You may choose in person or zoom in for these sessions)

Thursday March 21, 2024

RESOURCE SHARING - 9:30 am-10:30 am

Thursday March 21, 2024

Workshop **G** 10:40 am – 12:40 pm

G-1 How to Access the Juvenile Court: A Legal Training for Resource Parents

Presenter: **Lauren Montana & Jennifer Murphy**

California laws and Rules of Court have expanded to promote caregiver notice of hearings and the right to participate. This 2-hour workshop covers federal and state laws that afford foster caregivers the right to information about the child in their care as well as the right to participate and to be heard in juvenile court. Specifically, the training will provide a thorough discussion about the flow of information to the juvenile court; caregiver report forms; de facto parent status; requests to change court orders; prospective adoptive parent status; and ways to improve advocacy, access, and accountability.

G-2 Strategies to Talk with Youth About Boundaries, Dating & Sex

Presenter: **Nola Brantley**

It's important social service providers, foster parents, guardians, and natural supports have ongoing dialogue with youth about dating, boundaries, and sex. Without these conversations, youth are left to navigate these topics on their own or with their peers.

This training will equip you to have these crucial conversations which can improve outcomes for foster youth.

G-3 No Such Thing as a Bad Kid

(part 1: Please also register for Part 2 H-1)

Presenter: **Charlie Appelstein**

Strength-based practice is an emerging approach to guiding kids and in particular - those with emotional & behavioral challenges - that is exceptionally positive and inspiring. This two-part engaging workshop will highlight many of the key principles and techniques of this transforming way of guiding kids at-risk.

G-4 CPR & First Aid (10am-2pm)

Presenter: **Pam Graham, ABC Health & Safety**

For more information and registration please go to www.FosterLuv.com All events will be at The Sunrise Event Center, 620 Orange Dr., Vacaville CA 95688

For hotel reservations at \$119. Per night. Click this link [Modern Hotel Near Vacaville Outlets | Hyatt Place Vacaville](#), Hyatt.com & use group code G-FSKC or call 1-800-233-1234 & tell them "The Foster Kinship Conference" block. Group rate \$119 until 2/19/24
Conference registration fee: Solano & Napa residents \$45 one day / \$90 for all - Out of county residents \$60 one day / \$120 for all - limited scholarships for caregivers

Foster Kinship Care Education – Solano College – Annual Conference March 19-22, 2024

“Never Limit Your Life”

Thursday March 21, 2024
Luncheon 12:50 pm - 2:20 pm
Coach Q - Marc Q Jones
“Healthy Enough to Serve”

Thursday March 21, 2023
Workshop H 2:30 pm - 4:30 pm

H-1 No Such Thing as a Bad Kid
(part 2: Please also register for Part 1 G-3)
Presenter: **Charlie Appelstein**

H-2 Understanding Child Sexual Abuse

Presenter: **Nola Brantley**

Given the patterns of trauma including childhood sexual abuse that foster care youth experience it is crucial for providers working with foster care youth to have a comprehensive understanding of childhood sexual abuse. Understanding the areas of a youth's life that may be impacted by childhood sexual abuse is important to consider for treatment planning. Childhood sexual abuse survivors can be triggered as a result of the trauma they've suffered and understanding this is key to providing them with compassionate care.

H-3 Empowerment and Motivation

Presenter: **Greg Begin**

We want our youth to be strong, self reliant individuals who have successful lives. This requires opportunity to grow and make mistakes and learn from them. Encouraging youth to develop these skills is essential and quite challenging. This class focuses on how to help youth find their power and also how to motivate youth when they seem to be uninterested in participating.

**H-4 Effects of ACE's on behavior
and academic performance.**

Presenter: **Derek Clark**

See B-1

Thursday March 21, 2024
Workshop I - Family night
6:30 pm - 8:30 pm
Light Dinner and Snacks starts at 6:00

I-1 Recipe For Success (Teens/caregivers)

Presenter: **Coach Q - Marc Jones**

Participants will leave this training with a great understanding of how to create a clear vision -- a prerequisite to goal setting, Set SMART goals, gather necessary resources, create an action plan to achieve those goals

**I-2 The Power of Storytelling Trough Music
(Children, Youth & Caregivers)**

Presenter: **Derek Clark**

Most people are fighting a constant battle within themselves such as lack of self value, loss of self respect, anxiety, loneliness, trust, love, sadness or a sense of wanting to belong. By participating in this program, you will develop a Personal Power Anthem that will help strengthen your heart and mind through everyday struggles.

From Derek Clark's personal experience of growing up in foster care, he shows the audience how the power of music and lyrics has made an everlasting change in his inner spirit. Derek has written numerous songs that reflect the tragedies that have happened in his life. Within his music he has produced a more meaningful destiny by creating a strong message of triumph over tragedy. Derek has become a viral video sensation for his "Rapping Dad" videos which have had over 250 million social media views

**I-3 Music, Movement & Sensory Play
(for young children with Caregiver)**

Presenters: **Lacy Sczepanski & Sheila Rose,
Quetus Langford & Rachel Fulton**

Come sing, dance & get those wiggles out!

You can create great works of art from simple household items. Art & sensory play with items around the house for fun times as a family

Friday March 22, 2024
RESOURCE SHARING - 9:30 am-10:30 am

Friday March 22, 2024
Luncheon
12:50 pm - 2:20 pm
Creating Community
Together We Can Do Great Things

Friday March 22, 2024
Closing Banquet
6:30 pm - 8:30 pm
Keynote: **Derek Clark**
“Never Limit Your Life”

**Solano Resource Family Association
Celebration with Karaoke & Dance**
Following end of banquet/conference
8:30 pm – 10:30 pm

For more information and registration please go to www.FosterLuv.com All events will be at The Sunrise Event Center, 620 Orange Dr., Vacaville CA 95688

For hotel reservations at \$119. Per night. Click this link [Modern Hotel Near Vacaville Outlets | Hyatt Place Vacaville](#), Hyatt.com & use group code G-FSKC or call 1-800-233-1234 & tell them "The Foster Kinship Conference" block. Group rate \$119 until 2/19/24
Conference registration fee: Solano & Napa residents \$45 one day / \$90 for all - Out of county residents \$60 one day / \$120 for all - limited scholarships for caregivers

Foster Kinship Care Education – Solano College – Annual Conference March 19-22, 2024

“Never Limit Your Life”

Friday March 22, 2024

Workshop J 10:40 am – 12:40 pm

J-1 Healthy Enough to Serve

Presenter: **Coach Q – Marc Jones**

Emotions affect our behavior and interactions with others in the workplace. When an individual is not healthy, they are not able to contribute to the organization in a positive way. This program addresses how the mental, physical, and emotional health of an individual can contribute to the organization and community positively.

J-2 HELP...My Adopted Child

is STRESSING ME OUT!

Presenter: **Bryan Post**

Feeling overwhelmed by the behaviors being demonstrated by your adopted or foster kinship child? This is a must attend workshop. Seats are limited for this one-time, special in person appearance by renowned child behavior and trauma expert Bryan Post. Learn the 3-step strategy for dealing with the most challenging behaviors and the one barrier standing between you and the relationship you desire with your child. Seats are limited. Attendees will receive a FREE copy of his best-selling parenting book From Fear to Love.

J-3 True Colors

Presenter: **Intef W. Weser**

For you to effectively help someone else grow and expand their understanding of bias, oppression, and privilege, you need to allow yourself to be challenged and grow regarding the same issues. Participate in the Culture Plunge experiential training and accept the challenge of expanding your current understanding of issues of oppression in our society, on a personal level, and how it may impact the delivery of service as a resource parent, social worker, biological parent, volunteer, or service provider.

J-4 Basic Care & Unique Needs of Infants & Toddlers in Foster Care

Presenter: **Alma Woodard, MS**

This workshop will review the basic care and precautions while caring for infants in the foster care system. The training covers best practices in sleep rules when caring for infants. The presenter will discuss crib standards, crib recalls, safety hazards and how they affect a safe sleeping environment. Training addresses the proper way to feed and burp a newborn infant and how to make certain the infant is consuming the proper amount formula, basic diaper rash symptoms and how to properly treat, prevent rashes, and also discusses common health issues in infants and toddlers while in care. Other areas that will be discussed are teething, infant development stages and milestones, well baby checkups, and immunizations. The basic side effects from prenatal drug exposure will be reviewed and how it can prevent the child from reaching age-appropriate milestones, creating significantly more health issues and caregiving demands.

Friday March 22, 2024

Workshop K 2:30 pm – 4:30 pm

K-1 Dad's Only

Presenter: **Derek Clark**

This is your chance to ask the questions and share comments that you didn't ask during workshop sessions and/or thoughts afterwards. We are an open book so come prepared to ask anything!

K-2 Being the Stake

Presenter: **Coach Q – Marc Jones**

For an organization to grow in a healthy way, it needs to be connected with a strong "stake". Like planting a vineyard, the vine needs to be connected to the stake, then guided to be productive and grow. When people see how being a stake is essential to success, they are more likely to apply themselves, take ownership, and help the organization achieve its vision and mission.

Friday March 22, 2024

5:00 pm – 6:30 pm

Communication Through Music & Storytelling

K-3 Embark on Limitless Horizons:

A Journey of Self-Discovery and Empowerment Through Yoga and Mindfulness

Presenter: **Audrey Reyes, LCSW**

& Mayra D. Montaña

In an ever-changing and often uncertain world, it's crucial to find balance and peace within us. This workshop will guide participants on a journey towards self-discovery and well-being, utilizing the powerful tools of mindfulness and yoga. Through a combination of theory and practice, attendees will explore techniques to connect the mind and body, ultimately helping them navigate life's challenges with resilience and grace.

K-4 SPANISH

How Do Traumatic Experiences Shape the Brain of My Child?

Presenter: **Diana Rosales**

Children in care experience certain traumatic experiences that affect their brain and have aftereffects on their behavior. In this workshop participants will learn what parts of the brain are impacted by trauma, the behaviors that could result because of the impact and what we can do at home with our kids to move towards a healing path.

For more information and registration please go to www.FosterLuv.com All events will be at The Sunrise Event Center, 620 Orange Dr., Vacaville CA 95688

For hotel reservations at \$119. Per night. Click this link [Modern Hotel Near Vacaville Outlets | Hyatt Place Vacaville](#), Hyatt.com & use group code G-FSK or call 1-800-233-1234 & tell them "The Foster Kinship Conference" block. Group rate \$119 until 2/19/24

Conference registration fee: Solano & Napa residents \$45 one day / \$90 for all - Out of county residents \$60 one day / \$120 for all - limited scholarships for caregivers

Foster Kinship Care Education – Solano College – Annual Conference March 19-22, 2024

“Never Limit Your Life”

Meet our amazing presenters!

Audelina Marroquin was born and raised in Los Angeles, CA. She attended the University of California, Riverside where she obtained a degree in Psychology and Sociology. After obtaining her BA, she started her career working with homeless youth ages 12-24 in San Francisco, CA in a variety of residential programs. Later she worked as a family preservation specialist helping families in Los Angeles County. Currently she works for Solano County Child Welfare Services, the Resource Family Approval Unit as well as a Triple P provider.

Audrey Reyes, LCSW, is a seasoned professional with over 15 years of dedicated service in the field of Child Welfare. Her journey began as a Social Worker in Solano County, where she worked tirelessly with foster children, birth families, and resource families, leaving an indelible impact on the lives she touched.

Having risen to the role of Supervisor during her tenure, Audrey honed her skills in managing and overseeing child welfare programs, ensuring the well-being of vulnerable children and families in need. Her commitment to creating positive change within the system led her to explore innovative approaches to support the diverse needs of those under her care.

Driven by a passion for holistic well-being, Audrey pursued her interests beyond traditional social work. She ventured into the realm of yoga, immersing herself in its transformative power. Over the past three years, Audrey has not only embraced yoga as a personal practice but has also become a dedicated instructor, sharing the physical and mental benefits with others.

In a remarkable fusion of her professional expertise and newfound passion, Audrey now owns and operates her own private practice. Through this venture, she has seamlessly integrated yoga and psychotherapy, offering a unique and comprehensive approach to her clients. Whether working individually or in small groups, Audrey utilizes this holistic method to address both the physical and emotional dimensions of well-being.

Audrey Reyes stands as a testament to the harmonious blend of experience, compassion, and innovation. Her journey from Child Welfare Social Worker to private practice owner and yoga instructor reflects her commitment to fostering positive change in the lives of those she serves.

Bryan Post is the best-selling author of *From Fear to Love: Parenting challenging adoptive and foster children*, founder of TheLeafCompany.com and Clinical Director for Parents In Training, a 501(c) 3 non-profit organization providing wraparound services to at-risk adoptive families throughout Northern California. His breakthrough love-based, trauma-responsive parenting methods have been taught to parents and professionals around the world.

Charlie Appelstein, M.S.W. is a nationally prominent youth care specialist whose primary focus is on training parents and professionals to use positive, strength-based theories and techniques with at-risk kids. He has authored three youth care books that are widely used within the field, including *No Such Thing as a Bad Kid: Understanding and Responding to Kids with Emotional & Behavioral Challenges Using a Positive, Strength-Based Approach*.

Coach Q (Marc Q. Jones) inspires transformational change wherever he goes, by focusing on making the *intangibles* of effective leadership *tangible*. Through his engaging, common sense approach, his message on leadership is both relevant and relatable to leaders across various disciplines. His services have been used by the FBI, NFL and the Cleveland Clinic to name a few.

He firmly believes in the power of mentoring, and is very proud to have been mentored by two legendary Hall of Fame coaches - NBA coach Chuck Daly and renowned boxing trainer, Eddie Futch, who masterfully trained 4 of the 5 men who beat Muhammed Ali.

When he is not traveling the country doing speaking engagements, he travels with the Fresno State Men's basketball team for whom he is the color analyst for Learfield Sports

Christian Mendoza is an accredited Triple P Parent Coach at Parents by Choice.

Debbie Jenson-Davis, MA earned her Master's degree in Psychology in 1992. In her career spanning more than 30 years, she has facilitated and supervised out-of-home care for children from infancy to adulthood. Debbie has worked with people along a wide spectrum of developmental issues, mental illnesses, trauma, and addictions. Most of her career, she served as a foster care social worker, supervisor, and program director, teaching and coaching others in the field, including foster parents. In recent years she has embraced System of Care (SOC) reforms and now gives renewed assurance to those who are in the system and to those who are newly part of the system.

For more information and registration please go to www.FosterLuv.com

All events will be at The Sunrise Event Center,
620 Orange Dr, Vacaville CA 95688

Conference registration fee:

Solano & Napa residents
\$45 one day / \$90 for all

Out of County residents
\$60 one day / \$120 for all

Most agencies partner and will cover registration for their families.

limited scholarships for caregivers

For hotel reservations at \$119. Per night.

Please use link, phone or website:

- https://www.hyatt.com/en-US/hotel/california/hyatt-place-vacaville/oakzv?corp_id=G-FSKC
- Hyatt.com & use group code G-FSKC or
- 1-800-233-1234 & tell them "The Foster Kinship Conference" block.
Group rate \$119 until 2/19/24

For more information and registration please go to www.FosterLuv.com All events will be at The Sunrise Event Center, 620 Orange Dr, Vacaville CA 95688

For hotel reservations at \$119. Per night. Click this link [Modern Hotel Near Vacaville Outlets | Hyatt Place Vacaville](https://www.hyatt.com/en-US/hotel/california/hyatt-place-vacaville/oakzv?corp_id=G-FSKC), Hyatt.com & use group code G-FSKC or call 1-800-233-1234 & tell them "The Foster Kinship Conference" block. Group rate \$119 until 2/19/24

Conference registration fee: Solano & Napa residents \$45 one day / \$90 for all - Out of county residents \$60 one day / \$120 for all - limited scholarships for caregivers

Foster Kinship Care Education – Solano College – Annual Conference March 19-22, 2024

“Never Limit Your Life”

Motivational Speaker **Derek Clark's** life is one of resilience and redemption. As a child, he suffered unthinkable child abuse, abandonment and emotional distress before being turned over to the psychiatric hospital at age five. His 13 years in the San Francisco bay area foster care system reflected an early life of humiliation, aggression, emotional distress, overwhelming anxiety and being wrongfully labeled. Eventually, with the help of foster parents, a fantastic social worker and mentors, he defied the artificial limitations imposed upon him. Derek knows first-hand how to cope with adversity and overcoming hardship. His past has never held him back from accomplishing what he set his heart and mind to. Derek is an inspiring motivational speaker/trainer. His popular keynotes are "The Power of Resilience and Redemption: From Brutal Trauma to Triumph" and "You Cannot Think Negative About a Child and Expect a Positive Outcome". He is the author of seven books including *Disable the Label: Never Limit the Potential of a Child*, *Never Limit Your Life* and the *I Will Never Give Up* book series. Derek's true-life trials and personal triumphs have inspired organizations worldwide with his message of resilience, hope, courage, unwavering perseverance and redemption. He recently received the International Foster Care Award through SOS Children's Village where they are located in 134 countries helping and protecting children. Derek has also been a featured expert on CNN Headline News, The Steve Harvey TV Show, The Ricki Lake TV Show and other TV shows around the world. Recently, Derek has become a viral video sensation for his "Rapping Dad" videos which have had over 250 million social media views. You may keep up with his exciting journey by following him on Facebook at <https://www.facebook.com/MotivationalSpeakerInspires> or his viral video Rapping Dad page at www.Facebook.com/RappingDad You can find out more information about motivational speaker Derek Clark at www.IWillNeverGiveUp.com

Diana Rosales has thirteen years of experience in working with children and families. Diana has a BA in social work, Triple P Program facilitator. Diana currently works at Expressions of Hope as an operations care manager as well for the Foster Kinship Care Education Association in Solano County as a trainer. Diana Rosales believes it is essential that families be provided with adequate tools, services and resources to succeed in their parenting.

Greg Begin is a social worker for Sonoma County Department of Human Services. He has worked with you and families for the past 40 years. He has worked in Juvenile Hall, valley of the Moon Children's home, ran the Independent living skills program for over 20 years. Greg has worked in nearly every aspect of the child welfare system and is currently a Permanent Placement Social Worker. Greg is also a father, professional storyteller, and was an instructor at Santa Rosa Junior College for over 25 years

Helene Timpone LCSW, is an internationally recognized therapist, trainer, and consultant, especially noted for her work with preteens/teens and aggression. Specializing in the areas of attachment, grief, and trauma, Helene's expertise is in empowering parents with information and techniques focused on understanding and identifying the trauma that lies beneath the child's severe behaviors, thus creating long-term healing and enhancing close, healthy relationships. Helene has been in private practice for almost 20 years, and in 2021 shifted her focus into providing POST Adoption WRAP services. She was able to merge her intensive program which focused on families with adoptive children. This program had a 94% success rate in decreasing behaviors by 50% or more when parents committed to one year of services. Peggy Smith, the CEO with Expressions of Hope, Inc., has brought Helene Timpone on to provide the Clinical Direction for the Adoption Wraparound services in Napa, Solano, Fresno and Madera counties (and their surrounding areas). Helene studied with Bryan Post for many years, published articles, CD's and other materials. Helene considers her most important part of her journey to be accompanying her adoptive daughter along in her healing journey. Finally, she obtained her Master's Degree from SUNY at Stony Brook in Long Island, NY, and is a member of the NASW.

Intef W. Weser is the Executive Director and co-founder of Culture Plunge: Culture and Diversity Consultants, which is an organization committed to working toward understanding and respecting differences. He is a father, middle-class, brother, hetero-sexual, Afrikan born in America, able-bodied, thin, male, committed to personally transforming and challenging sexism, hetero-sexism, classism, and other 'ism that perpetuate oppression. Originally, from Northern California, Intef earned a BA in Africana Studies and an MA in Education with an emphasis in Multi-Cultural Counseling from San Diego State University.

Jennifer Murphy Jennifer Murphy is a staff attorney with Advokids, where she serves as a member of the Hotline team, responding to calls from resource parents, relatives and other individuals concerned about children in the foster care system. She graduated magna cum laude from the Benjamin N. Cardozo School of Law in New York in 1997. Prior to working in the juvenile dependency field, Jennifer handled securities enforcement and regulatory matters for an international law firm at its New York and San Francisco offices. Jennifer has taught yoga and meditation for many years throughout the Bay Area.

Kathryn L. Clark Silveira has worked as a Teacher, Mentor, Coach and/or Trainer in Solano County since 1994. She was born and raised in Vallejo. While starting her family and working full time she completed an AA in Child Development in 2000 at Solano Community College. "In all of my positions I have realized that open communication amongst staff, children and families is what made our teaching teams AWESOME! What can we do when that communication is challenging or triggering?" After being Certified as a Trauma Informed Care trainer in 2018 Kathryn has spent the last 5 years sharing with teachers the tools and tricks to support communication with children who have experienced trauma. This past year in partnership with Family Kinship and First 5 Solano she is excited to be bringing this knowledge, the tools and strategies to Foster Families and the community members that support them.

Foster Kinship Care Education –
Solano College – Annual Conference
March 19-22, 2024
“Never Limit Your Life”
www.FosterLuv.com

Foster Kinship Care Education – Solano College – Annual Conference March 19-22, 2024

“Never Limit Your Life”

Lauren Montana Lauren Montana is a supervising attorney with Advokids. She has devoted her career to helping families in crisis in both the private and public sectors throughout California. As an Advokids staff attorney, Ms. Montana continues to advocate for families and children through her work on the hotline and assisting with child centered policy and legislative reform. Ms. Montana received her JD from Chapman University School of Law in 2008 and holds a Master of Dispute Resolution from the Straus Institute at Pepperdine University School of Law.

Mayra D. Montañó is a passionate Licensed Clinical Social Worker and Registered Yoga Teacher.

For over a decade, Mayra has dedicated her career to making a positive impact in the field of social work. As a Licensed Clinical Social Worker, she brings a wealth of expertise in addressing the unique needs of those she works with.

Specializing in mental health, Mayra has played a pivotal role in improving outcomes for vulnerable populations. She works closely with children and families to provide parenting education and individual therapeutic services. Her dedication to her work with children and families creates positive and lasting impacts on lives.

In her current role, Mayra actively mentors new social workers and marriage and family therapists. With her leadership and mentorship, she fosters professional growth and knowledge of the skills needed to serve children and families.

Passionate about encompassing well-being, Mayra incorporates yoga as a powerful tool to manage and reduce stress, anxiety, and depression. Recognizing the therapeutic benefits, Mayra integrates yoga practices into her work, promoting physical and mental wellness.

Currently Mayra seamlessly blends expertise in child welfare, clinical social work, mentoring, and yoga. She actively contributes to the enhancement of Social Work practice. Committed to social justice, holistic healing, and fostering meaningful connections, Mayra strives to create positive change by addressing the diverse needs of individuals and communities.

Neely McElroy is the Deputy Director of Child Welfare Services in Solano County. Neely is a social worker by profession, receiving her Bachelor's degree from Northwestern University in Human Development and Social Policy and her Master's in Social Work (MSW) from UC Berkeley. She has over 25 years' experience working in the Child Welfare field, many of those years in leadership positions. Neely has worked for Solano County since 2019 when she was hired as the Child Welfare Administrator. She was promoted to Deputy Director in February 2022. In addition to Solano County, Neely worked in Santa Barbara and Contra Costa Counties in Child Welfare and several other community based organizations, including an Adoption and Foster Care agency. Neely strives to create a trauma-responsive organization that serves the children and families of Solano County with respect, dedication and empathy.

Nola Brantley, Founder & CEO of Nola Brantley Speaks

Is best known as a nationally acclaimed advocate who has played a large role in spear-heading the Commercial Sexual Exploitation of Children awareness and advocate movement in the state of California since 2004. Nola has traveled the continuum of abuse that many sex trafficking victims and survivors have traveled. Nola has become nationally recognized as a powerful voice for the issue of child sex trafficking through her moving and information packed public speaking. Currently Nola is working as a child sex trafficking subject matter expert and sought after master-trainer through consultancy company Nola Brantley Speaks where she has trained over 250,000 professionals and community members to date.

Quetus Langford was born & raised in the former

Rubber City Capitol of the World, Akron, OH. After I graduated with my Bachelors of Science degree in Psychology from Otterbein College in Westerville, OH, I set my sights on the Bay Area, CA in 2008. Over the next 6 years, I built my expertise within mental health & psychiatric medication treatment with various non-profit agencies in the area then transitioned in social services for both Alameda County & Contra Costa County for 3 years. In 2018, I felt that best way for me give thanks to my community was to become a Social Worker with Solano County Child Welfare Services Department. As a Parent-Child Coach/Visitation Social Worker, it seems as the best position ever, to watch over a family as they lovingly bond with one another.

Rachel Fulton joined the Solano County Child Welfare Services team as a Social Worker in October of 2019 and worked as a Social Worker in Butte County for one year prior to that. She has worked in the areas of Family Reunification/Family Maintenance services, Family Preservation, and Permanency Assessments, formerly known as Adoptions. Before her work in Child Welfare, she facilitated Cognitive Behavioral Therapy (CBT) groups for adult inmates at the Butte County Sheriff's Office Day Reporting Center. Being born and raised in the Bay Area, she was happy to move back and enjoys seeing the direct impact of this work on her own community. She is also an active participant in various workgroups within the Child Welfare Services division such as the Trauma Informed Leadership Team, System Efficiency Team, and other subgroups that contribute to the betterment of practices within Solano County. Rachel hopes to continue this work and promote growth and positive change at all levels of the Child Welfare system

Sebrenia Saunders is a multi-disciplinary facilitator: a Senior Certified Trainer for the California School-Age Consortium, an Integrated Arts Learning Specialist, and of Theatre of the Oppressed Workshops. She has served as a Board Member for the Fairfield Suisun Visual Arts Association and as Co-Chair for the California Court Appointed Special Advocates Association's Diversity, Equity, and Inclusion Task Force. Sebrenia recently facilitated a Supportive Processing Workshop at the de Young Museum measuring the effects of Kehinde Wiley's exhibit: An Archaeology of Silence, and its impact on the reflected community. Sebrenia is passionate about working with children and youth. She has worked in various capacities for over 25 years in the supervision and advocacy of at-risk children, youth, and adults from the ages of 5-21 with Girls Inc. the YMCA, the City of Fairfield, City of Vacaville, and CASA. She has participated as a Team Leader in the California Afterschool & Summer Challenge March, lobbying for support from Legislators on the benefits of Afterschool Programs. Sebrenia enjoys creating interactive spaces that inspire and encourage communities from various backgrounds to engage in social, emotional, and professional development..

Megan King-Vacaville Police Department

For more information and registration please go to www.FosterLuv.com All events will be at The Sunrise Event Center, 620 Orange Dr., Vacaville CA 95688

For hotel reservations at \$119. Per night. Click this link [Modern Hotel Near Vacaville Outlets | Hyatt Place Vacaville](#), Hyatt.com & use group code G-FSKC or call 1-800-233-1234 & tell them "The Foster Kinship Conference" block. Group rate \$119 until 2/19/24
Conference registration fee: Solano & Napa residents \$45 one day / \$90 for all - Out of county residents \$60 one day / \$120 for all - limited scholarships for caregivers

Foster Kinship Care Education – Solano College – Annual Conference March 19-22, 2024

“Never Limit Your Life”

Tuesday March 19, 2024

Registration opens
9:00 am

Welcome - Opening Session
9:30 am - 10:30 pm

Workshop A
10:40 am - 12:40 pm

Luncheon
12:50 pm - 2:20 pm
“True Colors”
Intef W. Weser

Workshop B
2:30 pm - 4:30 pm

Dinner on your own

Workshop C
6:30 pm - 8:30 pm

Wednesday March 20, 2024

Registration continues
9:10 am

Morning Resource Sharing
9:30 am - 10:30 am

Workshop D
10:40 am - 12:40 pm

Luncheon
12:50 pm - 2:20 pm
“Keeping Our Youth Safe”
Nola Brantley

Workshop E
2:30 pm - 4:30 pm

Dinner on your own

Workshop F
6:30 pm - 8:30 pm

Thursday March 21, 2024

Registration continues
9:10 am

Morning Resource Sharing
9:30 am - 10:30 am

Workshop G
10:40 am - 12:40 pm

Luncheon
12:50 pm - 2:20 pm
“Healthy Enough to Serve”
Coach Q

Workshop H
2:30 pm - 4:30 pm

Dinner on your own

Workshop I
Family night
6:30 pm - 8:30 pm

Friday March 22, 2024

Registration continues
9:10 am

Morning Resource Sharing
9:30 am - 10:30 am

Workshop J
10:40 am - 12:40 pm

Luncheon
12:50 pm - 2:20 pm
“Creating Community”

Workshop K
2:30 pm - 4:30 pm

Music & Storytelling
5:00-6:30
Greg Begin

Closing Banquet w/keynote
6:30 pm - 8:30 pm
Derek Clark

“Never Limit Your Life”
Celebration by Solano County
Resource Family Association
8:30 pm - 10:30 pm

For more information and registration please go to www.FosterLuv.com
All events will be at The Sunrise Event Center, 620 Orange Dr, Vacaville CA 95688
Rooms at the Hyatt Place are available for \$119 per night (details below)
There is still space for Partners, Sponsors, vendors, Resource Tables & Sharing.
Workshop and Raffle Prizes are still needed.