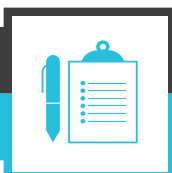


SUPPORT + CARING FOR THE CAREGIVER

Who Should Attend

All Resource Parents:

Foster
Adopt
Relative



Services

Learn about Services other care-tivers are accessing and build your toolbox.



Help Your Child

By taking time for yourself, you help the children you serve.



Find a Friend

Learn that others have walked where you walk and build relationships with other caregivers.



Build a Network

Increase your network of care-givers, respite and much more.

About Support +

Join us the 2nd Monday of each month for Caregiver Support. In February 2019 we will focus on caring for the caregiver. In order to care for our children, we must take care of ourselves.

Come meet other caregivers, chat, and chew (light dinner provided). You are not alone!

Why Support +

- Care for yourself
- Network with other caregivers
- Build relationships
- Learn from others experience
- Remember, you are not alone!